

WEEKLY

MENU

The John Fisher School Week 3



Monday

Tuesday

Wednesday

Thursday

Friday

BBQ Chicken & Cheese Flatbread

Sweet & Sour Chicken with Rice

Creamy Chicken, Sweetcorn & Pepper Pasta

Beef Penne and Cheese Pasta Bake

Breaded / Battered Fish Fillet & Chips

Jambalaya with Chicken & Sausage

Fajita Spiced Drumstick & Rice

Chilli Beef Nachos with Cheese & Tortillas

Jerk Chicken Leg with Rice

Breaded Fish Fingers & Chips

Creamy Penne Pasta with Basil, Mushroom, Spinach & Garlic (V)

Thai Style Green Vegetable Curry with Fragrant Rice (V)

Mixed Bean & Vegetable Salsa Nachos

Roasted Vegetable Lasagne Al Forno (V)

Vegan Sausage Roll & Wedges

Jerk Seasoned Chicken Burrito

Fajita Seasoned Chicken Wrap

Cajun Chicken Burger & Slaw

Cheese & Bacon Muffin

Tuna, Pepper & Sweetcorn Penne Pasta Pot

Cheeseburger Muffin

Garlic Ciabatta with Ham & Mozzarella

Homemade Sausage Roll in Puff Pastry

Sausage in a Roll

Stir Fry Vegetable Egg Noodles

Available daily

Sandwiches, Salads & Pasta Pots.