



Take Away Home Learning

Year 7 - Spring
Food Technology

The Peri-ometer 4 task menu shows the level of challenge of each task ranging from extra mild to extra hot. All tasks should be completed during the term.



<p>Create a Personalized Recipe Book Make a small recipe book featuring your favourite dishes.</p>	<p>Choose 3 dishes you love, write out the recipes, and illustrate each one.</p>	<p>Use BBC Good Food for recipe formats and Pinterest for design inspiration.</p>
<p>Food Preservation Infographic Create an infographic on methods of food preservation.</p>	<p>Research different preservation techniques and visually represent these methods and their benefits.</p>	<p>Research preservation techniques using Food Standards Agency for accurate information.</p>
<p>Design a Food Group Poster Make a poster categorising different foods into their food groups.</p>	<p>Draw or print images of various foods, and label them under the correct food group.</p>	<p>Look at ChooseMyPlate (https://www.choosemyplate.gov/) for food group breakdowns.</p>
<p>Nutritious Snack Advertisement Create an advertisement for a healthy snack.</p>	<p>Invent a healthy snack and design a flyer that sells its benefits and nutritional value.</p>	<p>Visit NutritionData (https://nutritiondata.self.com/) for nutritional information to include in your advert.</p>