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**Department: Physical Education – KS4
BTEC Sport & GCSE Sports Studies**

Blended Learning Curriculum overview 2020-21 (TERM TWO)

In the event of a local lockdown, students isolating or school closure, please outline your approach to remote/blended learning below. DfE guidance stresses, there will be a need for ongoing provision of “remote learning” which “is high quality and aligns as closely as possible with in-school provision.” Within departments, this may mean planning each unit or area of learning with an eye on how it could translate into virtual or remote practice, if necessary. For example, it might mean preparing booklets or text-based resources which could be used by students at home as well as at school. It might even mean having procedures and infrastructure in place for recording lessons, or for allowing simultaneous online access to classroom teaching.

Spring Term	Curriculum Time (Periods)	School provision	Lockdown provision (situation dependent)	Resources available?	Assessment & Feedback?
Year 9 BTEC AWARD (Single)	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set (With flexibility)	Move all students to Google Classroom & Start Learning Aim A: understand the rules, regulations and scoring systems for selected sports Assessed by completion of activity sheets.	Power points Activity sheets Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	On-going assessment through completion of Activity sheets Submission through SMHW or Google Classroom Feedback through Google Classroom and SMHW
Topic/ Unit:	Unit 2: Practical Sports Performance				
YEAR 9 BTEC CERTIFICATE (Double)	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set (With flexibility)	Move all students to Google Classroom & Start Learning Aim A: Planning and organising a sports Event	Power points Activity sheets Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	On-going assessment through completion of Activity sheets Submission through SMHW or Google Classroom Feedback through Google Classroom and SMHW
Topic/ Unit:	Unit 11: Running a Sports Event				

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Year 9 GCSE SPORTS STUDIES	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set	Term 1 Knowledge recap followed by:	Power points Exam Questions Worksheets	On-going assessment through completion of worksheets
Topic/ Unit:	Component 1: Anatomy and Physiology	(With flexibility)	<ul style="list-style-type: none"> - Antagonistic Muscle Pairs - Joint Classifications and Joint Movements - Blood vessels - The Respiratory System - Alveoli & Gas Exchange - Short term effects of exercise on the Muscular and Cardio Respiratory system. 	Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	Submission through SMHW or Google Classroom Feedback both live and from self marking/teacher marking

Lent Term	Curriculum Time (Periods)	School provision	Lockdown provision (situation dependent)	Resources available?	Assessment & Feedback?
Year 10 BTEC AWARD (Single)	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set	Move all students to Google Classroom & Start Learning Aim A: know about the components of fitness and the principles of training (Exam Unit)	Power points Exam Questions Worksheets	On-going assessment through completion of worksheets
Topic/ Unit:	Unit 1: Fitness For Sport & Exercise	(With flexibility)	<ul style="list-style-type: none"> - Aerobic Endurance - Muscular Endurance - Flexibility - Speed - Muscular Strength - Agility - Balance - Coordination - Power - Reaction time 	Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	Submission through SMHW or Google Classroom Feedback both live and from self marking/teacher marking

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YEAR 10 BTEC CERTIFICATE (Double)	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set (With flexibility)	Learning Aim D: know about rules, regulations and legislation associated with health and safety in sport.	Power points Activity sheets Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	On-going assessment through completion of Activity sheets Submission through SMHW or Google Classroom Feedback through Google Classroom and SMHW
Topic/ Unit:	Unit 10: Injury and The Sports Performer				
Year 10 GCSE SPORTS STUDIES	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set (With flexibility)	Term 1 Knowledge recap followed by: <ul style="list-style-type: none"> - Fitness, Health & Exercise Performance - Relationship between Health & Fitness - CV Fitness & Muscular Endurance - Flexibility & Reaction Time - Power & Speed - Agility, Balance & Co-ordination - Body Composition & Strength - Par Q & Fitness Tests 	Power points Exam Questions Worksheets Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	On-going assessment through completion of worksheets Submission through SMHW or Google Classroom Feedback both live and from self marking/teacher marking
Topic/ Unit:	Component 3: Physical Training				

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Spring Term	Curriculum Time (Periods)	School provision	Lockdown provision (situation dependent)	Resources available?	Assessment & Feedback?
Year 11 BTEC AWARD (Single)	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set (With flexibility)	Move all students to Google Classroom & Start Learning Aim C: implement a self-designed personal fitness training programme to achieve own goals and objectives. Learning Aim D: review a personal fitness training programme.	Power points Activity sheets Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	On-going assessment through completion of Activity sheets Submission through SMHW or Google Classroom Feedback through Google Classroom and SMHW
Topic/ Unit:	Unit 3: Applying the Principles Personal Training				
YEAR 11 BTEC CERTIFICATE (Double)	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set (With flexibility)	Learning Aim C: assist with running and leading a sports event Learning Aim D: review your own contribution to running a sports	Power points Activity sheets Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	On-going assessment through completion of Activity sheets Submission through SMHW or Google Classroom Feedback through Google Classroom and SMHW
Topic/ Unit:	Unit 11: Running a Sports Event				

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Year 11 GCSE SPORTS STUDIES	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set (With flexibility)	<p><u>Preparation for PPE:</u></p> <ul style="list-style-type: none"> - Functions of Skeleton - Joint Movements - Types of Joints - Antagonistic pairs - Gaseous Exchange - The Heart - The Respiratory System - Immediate Effects of Exercise on the Body - Muscle Fibre Types 	<p>Power points Exam Questions Worksheets</p> <p>Delivery via Live Zoom / Google Classroom and SMHW</p> <p>Youtube Kahoot</p>	<p>On-going assessment through completion of worksheets</p> <p>Submission through SMHW or Google Classroom</p> <p>Feedback both live and from self marking/teacher marking</p>
Topic/ Unit:	Component 3: Physical Training				